



કિલો વજનની વિશ્વની સૌથી મોટી કેન્સર ટ્યુમર દૂર કરા

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અમદાવાદ 26-07-2021

જરૂરી વિશેષ રાજસ્થાનની મહિલા શરીરના વિવિધ અંગોમાં વારંવાર ફેક્ચર થી પીડાતી હોય તો લાખે એક માં જોવા મળતી ફેક્સાંના ટ્યુમર સાથે સૌથી મોટી સર્જરી કરી મહિલાને બચાવવાનો પ્રયાસ કરવામાં આવ્યો છે.

Mystery fractures: Jumbo tumor removed

TWINS NEWS NETWORK

Almadedhat: it was a distressing medical mystery for the family of Samsa Devi (name changed). The patient from Rajasthan, who suffered frequent fractures and regularly developed kidney stones. She also had to undergo a surgery for a swelling on the right side of her nose

earlier this year when pre-operative check-ups revealed a lump near her heart.

She was brought to the city for further probe when it was revealed that the tumor was a mediastinal parathyroid adenoma. Dr Nitin Singhal, an onc surgeon with Apollo Hospital, said that in general parlance, it was a tumor in which excessive

parathyroid hormone is produced. That leads to the weakening of normal bones and the formation of abnormal bony swellings in the body and the formation of kidney stones due to excessive calcium deposits.

"Thus, the root cause of her issues was the tumor. Generally it's found in the neck cavity but in this patient, it was near her

heart," said Dr Singhal. "After the diagnosis by Dr Shishir Ahluwalia, consultant oncologist, the patient came for surgery."

Dr Singhal added: "We were surprised to see the size of the tumor in the neck. But the bigger surprise awaited us at the operation table as the gland was of 10gm weight like the gland usually weighs 4gm."

Colorectal cancer is a lifestyle disease that can be prevented!

The month of March is celebrated as a **Colorectal Cancer Awareness** month. Colorectal cancers are the **3rd most common cancer in Indian men and women** seen steadily increasing across the globe. Often asymptomatic in its early stages, regular screening for colorectal cancer is critical for early detection and timely treatments. The rising numbers of the disease in young population <40 years of age is fast becoming a matter of grave concern. While age, genetics, family history do sum up increased risks, lifestyle habits are contributing to potential risks. The additional risks are preventable though significant lifestyle changes.

Recognized symptoms of colorectal cancers are persistent changes in bowel habits like diarrhea, constipation, changes in the consistency of stool, changes in frequency to use the loo, and blood in your stool. Other symptoms include unexplained weight loss, fatigue, the feeling of incomplete evacuation of the bowel, and persistent abdominal discomforts like cramps, gas, or pain. It is important to note that the above-mentioned symptoms may not be necessarily caused by cancer and may be due to other less serious conditions and require quick medical intervention.

With significant advancements in the treatment of colorectal cancers, patients (5-10%) even in stage 4 (with lung, and liver limited spread) can have good long-term outcomes with multimodality treatment. Furthermore, patients with limited peritoneal metastases can also avail the benefits of cytoreductive surgery and Hyperthermic intraperitoneal chemotherapy (HIPEC). For patients with rectal cancers having a permanent stoma (toilet) bag is always a major concern, but with newer techniques many such patients today can be treated.

Minimal invasive (keyhole) surgery has been a big boon for many benign diseases and is now fast replacing conventional (open) surgery even in the field of colorectal cancers where many elderly patients with associated comorbidities can undergo safe surgeries with fast and painless recovery. Regular screening is also essential in preventing colorectal cancer. Screening tests can detect precancerous polyps or early-stage cancer, which can be treated effectively.

Mozambique national successfully operated for pheochromocytoma

By **Express News Service** 1 min read Ahmedabad Updated: Sep 11, 2023 11:56 PM IST



Presented with a very high blood pressure and heartbeat, Dr Singhal said the usual one to two weeks taken to prepare for such a surgery had to be skipped. (Representational image)

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After living with a benign tumour for the last three to four years, a 24-year-old Mozambique national received a new lease of life last month at a hospital in Ahmedabad when he was successfully operated for the rare condition of pheochromocytoma.

Kadir Rehman was detected with a mass on the adrenal gland on the right side in 2019 and had to be taken in for urgent surgery when he was brought to CIMS Hospital in [Ahmedabad](#). Dr Nitin Singhal, who conducted the surgery, told mediapersons on Monday.

Presented with a very high blood pressure and heartbeat, Dr Singhal said the usual one to two weeks taken to prepare for such a surgery had to be skipped.

Pheochromocytomas are rare, occurring in around two to eight patients out of every one million people.

स्टर्लिंग होस्पिटल्स अपने 'राइज़ अगेन' अभियान के साथ कैंसर योद्धाओं को सलाह करता है

अनुपम हिन्दुस्तान / संवाददाता

आमच्यार, स्टर्लिंग होस्पिटल्स ने राष्ट्रीय कैंसर जागरूकता माह और राष्ट्रीय कैंसर सर्वेक्षण माह के बीच 2019-2020 के आठवें राष्ट्रीय कैंसर जागरूकता माह के अवसर पर 'राइज़ अगेन' अभियान शुरू किया है।



डॉ. नीलिमा

कुसरार रिजल्ट आसपास हीच पंचम मासिक के रिजल्ट को मुख्य नस से चिकित्सी गोट को ऑपरेशन कर सफलतापूर्वक निवारणा गया।

मरीज पेट में दर्द और अकटन को शिक्षणार के चयनो असफलता में जांच करसने आया था।

जांच के खरत पता चलत कि उसके पेट में एक गोट थी जो डोलेन से पूरे शरीर में खरत भुलुनेने बाह्य मुखो (ओट्टा) और आइवर्बोस से चिकित्सी गोटो को डोलेन मरीज को ओके समजत थी।

निमित्त निमित्त के ऑपरेशन किये।

कैंसर पीड़ित महिला का किया सफल उपचार

१० सितम्बर, १५ नवम्बर २०१७

उपचालन किये गए थे और स्थायी (रिजल्ट) चिकित्सा के रिजल्ट को मरीज को ओके समजत था।

किया था चिकित्सा के रिजल्ट को मरीज को ओके समजत था।

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अपोलो हॉस्पिटल में जटिल कैंसर की सर्जरी की

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डो. डो. नितिय सिमर केसर सैन, डो. जयल गा. कार्डिक सैन सैन डो. नहर्षि (असिंदु) व असोले असलता के डीहसरे ने स्वस्थता १८ १२८ कस चली डीह सरी को सरलतारुक्क अंडम दिवा. पेटिअ अपन पृथी कस ने स्वस्थ होकर अपन सवारी को चली कर रही है। एक असलता के अंडम भावर के तारुमता में डीह सरी अरिफ कस ने पोर पोर को गलततारुम ने सारी केसर १८ १५ प्रमिलन केसर खाम तनी ने पोरता डी पेटिअ के एर। डो. असोले असलता ने डह तरत डी कारी डीहसरे ने डेलित सरी की डीह डी असो डी असोले असलत असलता के डीहसरे प्रमिलन डीहसरे ने डडुवर सैन डी डी असो डी असलता के डीह डी

**समस्याएं,
क निर्देश**

गोचराल, देवीलार, इंदिरा नगर क दलरगत गा.डो. मोरम नडार कोचरी डीन के मोरम नडार

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The Evolution of Oncosurgery: A Dual Approach to Cancer Treatment

Onsurgery has undergone significant advancements especially over the past decade creating a spectrum of treatment options that cater to both advanced and early-stage cancer patients. Dr. Nitin Singhal, one of the leading oncologists, has been instrumental in applying these innovations to offer hope and improve outcomes for patients, particularly in the realms of complex abdominal cancers.

On one end of the spectrum, there is a growing demand for surgical procedures that prioritize early painless recovery especially among elderly and working population patients minimizing the physical and psychological burdens of cancer treatment.

Stage 4 cancers involving the peritoneum. These cancers, once considered beyond the reach of curative surgery, are now amenable to aggressive surgical intervention. CRS involves the meticulous removal of visible tumors from the peritoneal cavity, followed by the application of heated chemotherapy directly within the abdomen. This dual approach enhances the destruction of microscopic cancer cells, significantly improving survival rates and offering a new lease on life to patients with advanced ovarian cancers, colorectal cancers, appendix cancers, stomach cancers and many more.

This focus on preserving quality of life, alongside effective cancer

Dr. Singhal has endeavored to be at the forefront of integrating robotic-assisted surgery into the treatment of cancers in the gastrointestinal, gynecological, urological systems. Robotic surgery offers precise, minimally invasive operations with smaller incisions leading to minimal scarring, reduced blood loss and ensuring that patients can recover quickly and return to their daily routines.

At the other end of the spectrum, techniques like Cytoreductive Surgery (CRS) combined with Hyperthermic Intraperitoneal Chemotherapy (HIPEC) have revolutionized the treatment of previously incurable

transformative nature of modern oncology. Through the combination of advanced techniques like HIPEC and robotic surgery, Dr. Nitin Singhal is helping to redefine the standards of cancer care, offering both hope and improved quality of life for patients across the cancer spectrum.

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Dr. Nitin Singhal
Advanced Cancer Surgery | Ahmedabad

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હાર્દિકને કીમો થેરાપી આપતાં ટ્યુમરની સાથઝ ઘટી પછી સર્જરી શક્ય બની

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On one end of the spectrum, there is a growing demand for surgical procedures that prioritize early painless recovery especially among elderly and working population patients minimizing the physical and psychological burdens of cancer treatment.

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microscopic cancer cells significantly improving survival rates and offering a new lease on life to patients with advanced ovarian cancers, colorectal cancers, appendix cancers, stomach cancers and many more.

This focus on preserving quality of life, alongside effective cancer treatment, highlights the transformative nature of modern oncology. Through the combination of advanced techniques like HIPEC and robotic surgery Dr. Nitin Singhal is helping to redefine the standards of cancer care, offering both hope and improved quality of life for patients across the cancer spectrum.